

## BREAKFAST

### Sanctuary Power Smoothies

Health Smoothie: Green fruits, yoghurt and honey.

Power Smoothie: Muesli, banana, mixed berries, almond milk, yoghurt, vanilla and honey.

R 55

### Omelette

Choose up to 4 fillings:

Ham	Tomato	Cheddar	Mushrooms
Bacon	Onion	Peppers	Feta

R 75

### Eggs Florentine

Poached eggs, baby spinach, mushrooms, potato rosti with hollandaise sauce.

R 75

### Vegan

Potato rosti, beetroot, baby spinach, tomato, mushroom, pumpkin seeds and homemade achar served with a side of baked beans.

R 75

### Open Avo (Seasonal)

**Half:** One piece of toast topped with smashed avocado, olive oil, cracked black pepper, micro herbs, peppadews, feta and fresh lemon. Served with relish on the side.

**Full:** Double the size and double the goodness! Two pieces of toast topped with all of the above.

R 55

85

### French Toast

French toast with a choice of either:

Mushrooms and Cream Cheese.

Crispy Bacon and Maple Syrup.

R 85

### Vegetarian

Served with two eggs, grilled tomato, mushrooms, potato rosti, baby spinach and feta.

R 85

### Eggs Benedict

Hickory ham, poached eggs and potato rosti with hollandaise sauce.

R 95

### Eggs Royale

Poached eggs, baby spinach, Smoked Salmon, potato rosti, and more of that hollandaise

R 110

### Continental

Muesli, fruit salad, yoghurt, pastries, cold meats and cheese.

R 130

## BREAKFAST

### English Breakfast

R 80

**Half:** One egg, one rasher of bacon, a chipolata sausage, mushrooms, potato rosti & grilled tomato.

**Full:** Two eggs, two rashers of bacon, two chipolata sausages, grilled tomato, mushrooms, potato rosti and baked beans.

R 145

### Side Orders / Build Your Own

Grilled Tomato	5	Baked Beans	10	Chicken or Beef Chipolata Sausage	20
Toast	5	Cheese	10	Croissant	20
Mushrooms	10	Potato Rosti	15	Bacon	30
Eggs	10	Avocado	15	Salmon	35

### Mimosa

R 55

The perfect pairing of local Méthode Cap Classique & orange juice to start your day off right.

### Steel Works

R 55

A refreshing South African classic made with cola tonic, bitters, ginger ale, soda water & rounded off with a lemon wedge. Add a shot of brandy or rum to put the steel in steel-works (extra).

### Bloody Mary

R 70

Our take on this brunch classic: vodka, tomato juice, lemon, Worcester-shire & Tabasco sauce and black pepper.